



MOAMA FOOTBALL
NETBALL CLUB

2021

MEMBERS HANDBOOK

WWW.MOAMAFOOTBALLNETBALLCLUB.COM.AU



Harvey Norman®
ECHUCA

•Border Inn•
HOTEL
MOAMA
EST 1868

CONTENTS

03	About the club
07	Membership
09	Merchandise
10	Football
12	Netball
18	Game Day
28	Around the club



ABOUT THE CLUB

MISSION

Moama is an active participation club providing Football and Netball opportunities in a fun, supportive and inclusive environment. Our success comes from working together and is measured through enjoyment as a collective.

OUR TEAMS

Football Teams:

Auskick
Under 10's x 2
Under 12's x 2
Under 14's x 2
Youth Girls
Under 16's
Under 17's
Reserves
Seniors

Netball Teams:

Net Set Go
Development squad
Under 11's
Under 13's
Under 15's
Under 17's
C Reserve
C Grade
B Grade
A Grade

PRESIDENTS LETTER

To all MFNC Members & Supporters,

What an exciting season ahead we have at the Moama Football Netball Club! With the completion of the biggest infrastructure in the Club's history, the Moama Recreation Reserve facilities are ready for some action in Season 2021. The fantastic, state of the art facilities, have now placed Moama and the wider sporting community at the top of the tree in local sport.

With the unprecedented events of the covid-19 pandemic, unfortunately cancelling season 2020 we are all working hard towards regional sport returning this year after the advice and guidance we are receiving from the Murray Football Netball League along with AFL & Netball Victoria.

We are aware of the difficult times ahead for our local community, and as per our online raffle and social media platforms last year, "we are all in this together".

In Season 2021, our focus once again, will be to create a fun, inclusive environment where football and netball opportunities for players are complemented by fantastic match day experiences for all families, members, supporters and sponsors. We are extremely aware of the importance of all our loyal supporters in ensuring MFNC can continue to be a strong, viable leading club within the Murray Football Netball League and wider community.

All of us here at the Moama Football Netball Club are committed to the long-term prosperity of our club with a positive culture and inclusive and welcoming environment for everyone.

On behalf of our Committee, Coaches, Players & Volunteers I would like to thank you for your on-going support.

Yours Sincerely,
Matt Lake President,
Moama Football Netball Club.

**Harvey
Norman®**



•Border Inn•
— HOTEL —
MOAMA
EST 1868



#EveryonesClub

LEAGUES

WHO WE ARE

The Moama Football Netball Club is affiliated with the Murray Football Netball League, AFL Victoria, Goulburn Campaspe Junior Football League, Shepparton District Football League and Netball Victoria, and therefore follows their policies guidelines such as the junior policy, risk management and member protection including codes of behavior which are included in this handbook.

MURRAY FOOTBALL NETBALL LEAGUE

The Murray Football Netball League covers a large area of northern Victoria and southern New South Wales from Shepparton in the south to Deniliquin in the north.

Seniors Football	A Grade Netball
Reserves Football	B Grade Netball
Under 17's Football	C Grade Netball
Under 14's Football	C Reserve Netball
	Under 17's Netball
	Under 15's Netball
	Under 13's Netball
	Under 11's Netball

SHEPPARTON DISTRICT JUNIOR FOOTBALL LEAGUE

The SDJFL is based in the Goulburn Valley offering a competitive junior football competition each year. The area covered by the league differs dependent on the age group and the clubs fielding teams each year

Under 16's Football
Youth Girls Football

GOULBURN CAMPASPE FOOTBALL LEAGUE

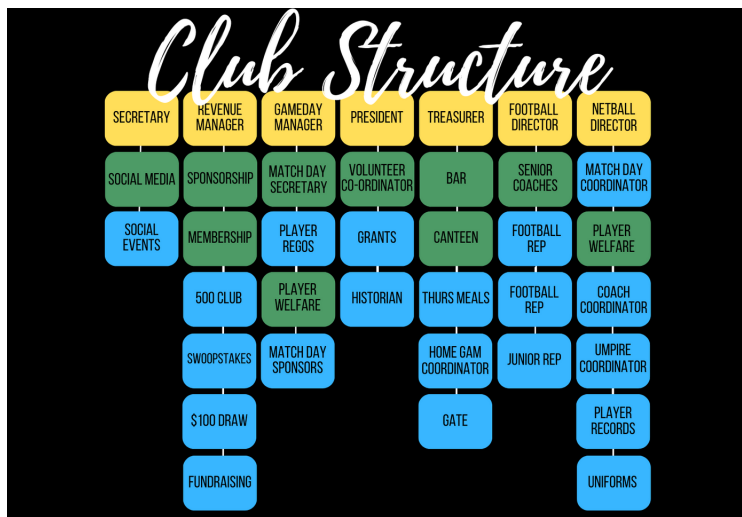
The GCJFL is a local based football competition, offering opportunities to juniors to learn, gain skills and develop a lifelong love of sport. The footprint of the competition is smaller with teams involved predominantly from the Campaspe and Greater Shepparton shire area

Under 14's Football
Under 12's Football
Under 10's Football



HOW TO GET INVOLVED

At Moama Football Netball Club we believe in sharing the load. We know that with everyone pitching in we can make sure we have a strong and vibrant club. To making getting involved as easy as possible the club has adopted the following structure



Each volunteer role has a description which helps anyone performing the role to know what they need to do, how to do it and who they can ask for help. this make it easy to share your skills with the club

Commitment level

In the structure above each of the roles are colour coded. This represents the different levels of commitment it takes to complete the role. We know people are busy and during different stages of your life you are going to have different needs when volunteering

How do I get started?

Just give our volunteer coordinator (add) a call on (add)

GreenRoles

Green level roles take very little time commitment. There is no requirement to come to committee meetings. They are well structured and you can get in, help out and finish up without a large amount of pre or post work. These roles are fantastic for those who like a regular role that takes very little time to complete.

Blue Roles

In the structure blue level roles are similar to Green level roles but they have a little more responsibility to them. Again you don't need to regularly come to committee meetings (you can if you want). You will get lots of support from the rest of the committee and the resources you require.

Yellow Level:

These roles are part of the executive committee and we will be honest take a bit of commitment, but they also offer great reward. In these roles you will develop new skills, meet some great people and get to help shape the future of the club.

MEMBERSHIP

The Moama Football Netball Club has lots of different ways to become a member. Our aim is to make sure that you feel welcome and gain value from your membership to our club.

Memberships can be purchased through our website www.moamafootballnetballclub.com.au or by emailing admin@moamafnc.com.au

General membership gives you:

- Free entry to all home games for the 2021 season
- Voting rights at our Annual General Meeting
- Membership card
- The nice warm feeling when you go to sleep that you are part of the best club in the district

Further to our general membership we also offer our Swoopstakes membership. Our Swoopstakes membership gives you all of this and the chance to win some cold hard cash.

Swoopstakes membership gives you:

- 32 chances to win a weekly \$200 cash prize
- 1 chance to win our \$1000 Christmas draw
- 1 MFNC Stubby Holder
- 1 MFNC Bumper sticker
- Free entry to all home games for the 2021 season
- Voting rights at our Annual General Meeting
- Membership Card



MEMBERSHIP

SWOOPSTAKES MEMBERSHIP

MFNC Membership
Plus the chance to win
cash back each week

Terms and conditions are
on our website

www.moamafootballnetballclub.com.au/memberships

\$220

GENERAL MEMBERSHIP

1 adult membership

\$77

FAMILY MEMBERSHIP

2 adult membership
& children under
the age of 17

\$132

CONCESSION MEMBERSHIP

1 adult membership
Must hold fulltime student,
concession or senior
card to be eligible.
Card must be sighted

\$55

JUNIOR MEMBERSHIP

17 & under

Please note that at least
one parent of a junior
player in the Murray
League must be a member
of the MFNC

Free

500 CLUB

2 x MFNC Membership
tickets
Plus the chance to win
prizes each week

Terms and conditions are on
our website

www.moamafootballnetballclub.com.au/memberships

\$500

MERCHANDISE

Our club has some great merchandise including:

- Training Singlets
- Club Polo's
- Club Hoodies
- Beanies
- Hats
- Training Bags
- Zip up Jackets

All clothing items come in a large range of sizes, including kids, ladies and men's fit.

Merchandise can be purchased online at our website www.moamafootballnetballclub.com.au

or by visiting
WORKLOCKER ECHUCA
130 Hare Street,
Echuca.
(03) 5482 1822
echuca@worklocker.com.au



Our current club Polo's and Jackets designs are part of a 3 year cycle and will be updated again in 2023





2021



HOME



V

ROUND 2-10TH APRIL



V

ROUND 4 -24TH APRIL



V

ROUND 6 - 8TH MAY



V

ROUND 8 - 29TH MAY



V

ROUND 10 - 12TH JUNE



V

ROUND 13 - 10TH JULY



V

ROUND 15 - 24TH JULY



V

ROUND 16 - 31ST JULY



V

ROUND 18 - 21ST AUGUST

AWAY

V



ROUND 1 -2ND APRIL

V



ROUND 3 -17TH APRIL

V



ROUND 5 - 1ST MAY

V



ROUND 7 - 22ND MAY

V



ROUND 9 - 5TH JUNE

V



ROUND 11 - 19TH JUNE

V



ROUND 12 - 26TH JUNE

V



ROUND 14 - 17TH JULY

V



ROUND 17 - 14TH AUGUST

CODE OF CONDUCT

All spectators, members, players, parents, volunteers and committee are required to comply with this Code of Behavior, you must meet the following requirements with regard to your conduct during any activity held by the Moama Football Netball Club (MFNC)

The code of conduct aims to provide a safe environment for participation. Aggressive, threatening or other inappropriate behaviour by members, their families, their friends, and other sporting personnel while attending a game or event will not be tolerated.

All members must:

- Follow the appropriate code of conduct imposed by the Murray Football Netball League, AFL & Netball Victoria
- Lead by example and respect all Players, Coaches, Umpires, Volunteers and spectators.
- Physical or verbal abuse will not be tolerated
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Respect the facilities and equipment of their own and opposing clubs
- Recognise all volunteers who give up their valuable time;
- Not publicly criticise Umpires and instead raise personal concerns with Club Officials in private
- Not engage in violence, physical and/or verbal intimidation, abuse or conduct toward any person.
- Not to enter the field of play in any sanctioned Competition Match unless granted permission by an Official to do so
- Not make or post inappropriate, offensive or discriminatory comments in public including via social media, about Players, Clubs, Umpires, Officials, the AFL, or the League. Social media includes, but is not limited to, email, instant messaging, text messages, phone messages, digital images, website postings (including but not limited to Facebook, Twitter, LinkedIn, Instagram, websites and blogs).



CODE OF CONDUCT

Players:

As well as the general code of conduct as a player at MFNC, you are offered a great opportunity and as such have some extra responsibilities. As well as the general code of conduct players are also required to ensure comply with the following, this includes travelling to and from games and training:

- Promote fair play over winning at any cost.
- Act within the rules and spirit of your sport.
- Maintain a high standard of personal behavior at all times.
- Applaud all good play, by your own team and opponents.
- Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- Be a responsible team member, Always be on time, Encourage and assist all players, Attend all training sessions, Ensure you always bring the appropriate, uniform and equipment to training and/or matches.
- Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.
- Do not engage in practices that affect sporting performance (alcohol, tobacco and drug use)
- Abide by and respect decisions, without argument or bad temper from umpires, coaches and volunteers
- For senior players - attend after match awards and club functions where possible. This ensures you can socialise with your club members, supporters, sponsors and fellow players and gain the most out of your sport.

Volunteers:

When representing Moama Football Netball Club as a volunteer, as well as the general code of conduct players are also required to ensure they:

- Be fair, considerate and honest in all dealings with others.
- Be professional in and accept responsibility for your actions. Your language, presentation, manners and punctuality should reflect high standards.
- Resolve conflicts fairly and promptly through established procedures.
- Maintain strict impartiality.
- Be aware of your legal responsibilities.
- Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating players.

CODE OF CONDUCT

Coaches:

All coaches are required to agree to and sign the MFNC coaches code of conduct as well as the appropriate coaches' code of conduct for the AFL or Netball Victoria before undertaking coaching roles. This code of conduct can be found [HERE](#)

Committee:

All committee members are required to agree to and sign the MFNC committee member code of conduct as well as the appropriate code of conduct for both the AFL or Netball Victoria when elected. This code of conduct can be found [HERE](#)



FOOTBALL

PRE SEASON

Pre-season training is announced via the clubs socials and all are welcome to attend.

Generally the Seniors are the first to return to training with the Under 17's and Under 14's who play in the Murray League being next. This to ensure adequate time for fitness and skills development before the start of the season which is much earlier for the MFNL teams than our other leagues.

Our Shepparton District Junior Football League teams are generally next to start training, often in mid February, this is decided each year after consultation with coaches and the league.

Training for our Goulburn Campaspe Junior Football League teams often starts late Feb/early March. This is to ensure our juniors are able to manage the training requirements of football and don't burn out before the season is completed.

There is no requirement to complete registration before attending pre-season training

REGISTRATION & FEES

Registration Fees

Senior Football Member	\$220.00
Under 17	\$99.00 + 1 Adult Club Membership
MFNL Under 14	\$99.00 + 1 Adult Club Membership
All other junior teams	\$120

The registration fee covers Player Insurance, AFL Victoria Affiliation Fees, tape if required (MFNL only) and football equipment. Players are unable to participate in games until the registration forms are complete and payment of the fee is made.

Please note that at least one parent of a MFNL junior player must be a member of the Moama Football Netball Club.

Full payment of membership must be paid prior to the first match. If a player does not make payment on or before this date then they will not be permitted to play for the club until they have done so.

This is a directive from the AFLV under its affiliation and will not be compromised due to their insurance cover

FOOTBALL

PLAYER INSURANCE

All players must be financial members of the Moama Football Netball Club to be eligible for medical cover.

The MFNC recommends that all players have Private Health Insurance and Ambulance cover. (Private Health Cover is an obligation required by all AFLV Contracted Players).

Ambulance cover is provided through Ambulance Victoria.

Phone: 1800 648 484

Single Membership 12 months: \$48.35

Family Membership 12 months: \$96.70

Insurance cover is provided through Jardine Lloyd & Thompson in Affiliation with the Australian Football League Victoria. Players are covered for 90% reimbursement of non Medicare medical costs and ambulance expenses. The remaining amount of 10% is the responsibility of the players or the players Private Health Insurance Fund if cover is provided.

A \$50.00 excess per claim will apply and be payable by the player.

A maximum of \$7500.00 will be paid per injury claim. This amount may include Ambulance if the player has no subscription to Ambulance prior to making a claim. Ambulance will limit funds available for remainder of claim. Capital Benefits \$250,000 (\$50,000 for U18).

What does your insurance cover?

The medical policy covers treatment that is not claimable in any way through Medicare. This means treatments such as Physiotherapy, Chiropractic, Private Hospital, Ambulance, Acupuncture, Podiatry, Osteopathy and Rehabilitation Equipment.

Quad/Para Benefit for juniors and seniors cover is now \$1,000,000

Please note that after \$200.00 worth of treatment from anyone of the above providers, a referral from a doctor must be obtained.

What does your insurance not cover?

This Medical policy does not cover anything that can be claimed through Medicare. This means that any charges for treatments from a Doctor, Surgeon, Anaesthetist or Surgeon's Assistant are not covered. It also means that charge for X-Rays and Private Hospitals are not covered. MRI Scans will not be covered without a Medicare Number.

FOOTBALL

PLAYER INSURANCE (CONT)

Where and when are you covered?

The Players Insurance covers all players when involved in any of the following activities for the MFNC:

- Playing in club and representative games, competitions or performance organised by the club.
- Participating in training, practice sessions or official functions arranged by the club.
- Travelling to or from the club and representative games competitions or performances.
- Engaged in organised social or administrative activities of the club.

What are the major policy exclusions?

The major player insurance policy exclusions are:

- Once a player returns to training/playing the claim is closed.
- If the player has been under the influence of Alcohol or Drugs (Non-prescription) while on or off the field.
- If the player has committed or attempted any criminal act (Including assault).
- If the player has any pre-existing conditions i.e., asthma, heart condition etc.

Loss of Income/Wages - Optional

There is cover available to players, however this cover is an additional option and the costs are to be covered by the player.

If you wish to take out income insurance please contact:

Tim Hawker - Insurance House. 5483 1066 / 0417 558 440 Or email:

tim.hawker@ihgroup.com.au

Submitting a claim

The player must make contact with Jeff Billing (add number) or Sam Eddy as soon as possible. All claims must be submitted to JTL within 28 days of the injury occurring. If a claim is not submitted to JTL within this period then it will be denied without question. This is a ruling from JTL not the MFNC.

The MFNC will not reimburse any player for outstanding accounts or claims in relation to player insurance

FOOTBALL

AGE GROUPS

A player is eligible to play in an age group only if they are of that age prior December 31 of that year.

TRAINING SESSIONS

Training sessions for the Senior and Reserve grades of the MFNC will be held every Tuesday and Thursday evenings prior to regular home and away matches. The location and scheduling of other training sessions will be at the discretion of the coaching staff. Throughout the year players will be requested to conduct and assist Junior teams with training.

Training Times

Season training times will be as follows or at the discretion of team coaches. Training sessions are compulsory. If a player is ill or injured or unable to attend training, they must notify the coach.

Seniors & Reserves	Tuesday / Thursday	6.30 - 7:30pm
U14 MFNL	Tuesday / Thursday	4.30-6.00pm
U17 MFNL	Tuesday / Thursday	5.00-6.30pm
All other teams on decision of the coach and availability of the ground		

TEAM SELECTIONS (SENIORS ONLY)

All team lists will be approved by the MFNC Executive Committee prior to the season. All teams will then be selected on a weekly basis at the discretion of the coaching staff and selection committee. All players are required to attend training at the club during the week prior to any home and away matches to be eligible for selection. This shall not apply if the coach and the selection committee are made aware of and are satisfied with the reason for any players absence from training.

PLAYER WELFARE

The Moama Football Netball Club's Player Representative is Adam Milner (on (add number)

If a player has any dispute or problem with the function of the club in all capacities including player conditions, player incentives etc, then that player must direct it to the Player Representative.

The Player Representative will direct players to the appropriate committee members for any other advice on matters not reflective to this role.

JUNIOR FOOTBALL

FINALS - GCJF

In the Goulburn Campaspe Junior Football League (GCJFL) the Under 10's and Under 12's competitions finish their seasons with a Lightning Premiership day.

In the Under 14's GCJFL the final series is based on a top four, this includes two semi-finals and a Grand Final the following week. For each team that doesn't finish in the top four a Lightning Premiership is held.



FINALS - SDJFL

For the Shepparton District Junior Football League the Under 16's and Youth Girls teams follow the final five system, followed by four weeks of finals.



VOLUNTEER ROLES

To ensure that kids get the opportunity to play each week, we need lots of help. Make sure you chat with your child's Team Manager to offer your help. Each team needs a goal umpiring, time keeper and shifts in the canteen.

These roles are very straight forward and direction and support will be provided by.



FOOTBALL

UNIFORMS

The Moama uniform is black shorts and socks, with a black and white jumper that is supplied by the club.

All MFNL players are expected that they will arrive and leave the club wearing a club polo shirt. This is to ensure that the club is represented as a professional organisation.

During the game all players (junior and senior) teams are to wear black football shorts (white are required for games against Tongala and Numurkah) and black socks which can be purchased from Intersports Echuca, any queries contact Sam Eddy 0400 836 327.

Jumpers are supplied by the club and are to be handed in at the end of each game for cleaning by the Club.

Helmets and mouth guards are compulsory for Under 10/12's in the GCJFL and highly recommended for all players. Helmets will be provided by the club, Mouth guards supplied by players.

CLUB FUNCTIONS

All players must attend compulsory club functions and events.

Players will be required to fulfil rostered duties throughout the season, these include football match day duties, canteen and bar.

FINALS

The MFNL operates a top 6 finals format.

Week One

1 & 2 have first week off

Elimination Final 3 v 6 (Saturday)

Elimination Final 4 v 5 (Sunday)

Week 2

2nd Semi – 1 v 2 (Saturday)

1st Semi – Winners of previous weekend (Sunday)

Week 3

Prelim Final

Loser of 2nd Semi v Winner of 1st Semi

Week 4

Grandfinal

END OF SEASON

Due to events that have occurred in the past and complaints received from members of the public, the Moama Football Netball Club will no longer sanction these trips. There is to be no fundraising done within the club and the club logo and club name is not to appear on any clothing worn on such trips.

FOOTBALL

MFNL FOOTBALL CONTACTS

FOOTBALL DIRECTOR
Adie Daly
0429 315 864

FOOTBALL ADMINISTRATOR
Sam Eddy
0400 836 327

SENIOR COACH
Luke Eldridge
0408 741 655

RESERVES COACH
Darcy Hall
0407 437 088

RESERVES ASSISTANCE COACH
Matt Veitch
0429 312 668

PLAYER WELFARE
Adam Milner
0419 892 916

TRAINER
Jeff Billing
0403 171 953

NETBALL

PRE-SEASON

Netball pre-season training normally happens in the preceding weeks before try-outs and is a good way to get you match fitness up and limit your chance of injuries and is strongly recommended by the club for anyone wanting to play during the season. Pre-season dates will be announced on Facebook. All senior netballers are welcome to attend pre-season but you must have current insurance through the Victorian Netball Association (VNA) to be able to participate. (see insurance)

TRY OUTS

All players must register to attend tryouts using the advertised method.

Our club supports a fair and open process for the selection of teams. We believe that sport should be safe, enjoyable, inclusive and maximise individual participation and skill-set. Our club acknowledges that positive experiences in our junior competition will contribute to a lifelong love of sport.

For juniors to ensure a fair selection process, the selection panel will consist of one Netball Committee Member, the Coach and an independent member of the community who is unaffiliated with the club but with netball experience.

Our senior selection is completed by the relevant coach, with all team lists approved by the MFNC Executive Committee prior to the season. All teams will then be selected on a weekly basis at the discretion of the coaching staff.

If a player is unavailable to attend any trials due to injury, illness or other extenuating circumstances, an application should be submitted in writing to the Netball Director/coach before the first trial date if possible. Once selection trials have started, contact should be made by phone as soon as possible.

The final teams will be announced one week after the last tryout by appropriate means of communication. Successful players will be notified by a phone call and/or text message, whilst unsuccessful players will expect a text message to advise.

AGE GROUPS

A Grade - Open

B Grade - Open

C Grade - Open

C Reserve - Open

Under 17's - 17yo & under

Under 15's - 15yo & under

Under 13's - 13yo & under

Under 11's - 11yo & under

Participant age for junior grades are determined as at 31st December of that year.

NETBALL

TRAINING

Season training times will be advised by team coaches.

Training sessions are compulsory. If a player is ill or injured or unable to attend training, they must notify the coach. Text message and emails are NOT acceptable. Players that don't attend training without advising their coach may not be considered to start in that week's match.

Its advised that all players bring a drink bottle to all training sessions.

UNIFORMS

The Moama Football Netball Club requires all player to purchase the approved dress . Dresses are available for purchase from the club, as part of registration on [MyNetball website](#).

Club polo's MUST be worn on game day.

The Moama Football Netball Club prohibits the usage of the club name or logo on all end of season shirts, hats, stubby holders etc.

GAME DAY

Players are expected to be dressed and ready for pre-game warm up 30 minutes before the game. This allows players to warm up appropriately and for coaches and team managers to organize teams. Please ensure that if you require strapping this must be done prior to warm up commencement.

If a player is unable to attend a game, please let the coach know as soon as possible.

Game times

9:45 10.00am	Under 11	4 x 10 minute quarters
9:45 10.00am	Under 15	4 x 12 minute quarters
10:45 11.00am	Under 13	4 x 12 minute quarters
10:45 1.00am	Under 17	4 x 12 minute quarters
12.00 noon	C Reserve	4 x 15 minute quarters
12.00 noon	B Grade	4 x 15 minute quarters
1.15pm	A Grade	4 x 15 minute quarters
1.15pm	C Grade	4 x 15 minute quarters



NETBALL

FEES

Netball fee's are broken down into three sections, insurance, netball fees & club membership

Insurance provided by Victorian Netball Association (VNA)

Senior 18 years and over (as at December 31, 2021) \$78.00

Junior 17 & Under (as at December 31, 2021) \$58.00

Netball Fees

Contribution towards cost for umpires and equipment \$60.00

Club Membership

Players over 18yo must be a current member of the club

Players under 18yo must have one parent be a current member of the club

See (Membership section for more details)

VNA Insurance and Netball Fees, along with club dresses can be purchased through MyNetball

FINALS

The MFNL operates a top 6 finals format.

Week One

1 & 2 have first week off

Elimination Final 3 v 6 (Saturday)

Elimination Final 4 v 5 (Sunday)

Week 3

Prelim Final

Loser of 2nd Semi v Winner of 1st Semi

Week 4

Grandfinal

Week 2

2nd Semi – 1 v 2 (Saturday)

1st Semi – Winners of previous weekend (Sunday)



NETBALL

UMPIRES

The MFNC respects the role of all umpires and as such its important that players, spectators and volunteers continue to show appreciation of the dedication they show to our sport

Umpires will be sourced both internal and external of the Club to ensure a wide variety of umpiring options. Badged Umpires will be provided where possible, any un-badged umpires will be mentored and supervised.

Anyone interested in becoming an umpire should contact our Umpire Coordinator, Rowan on 04599291019



NETBALL

VOLUNTEERS

Scorer

Each team must supply one scorer for each game. Each team will either prepare a parent/player roster for scoring duty or nominate a regular scorer.

Both team scorers must sit together for the entire match and must use the Murray Netball League official score sheet. Scorers must sign the score sheet and ensure that both team captains and umpires sign the score sheet. A time keeper must be supplied for all home games.

Time Keeper

It's the time keepers responsibility to make sure that the umpires are notified 60 seconds before the end of each quarter and to sound the siren at the end of each quarter and the game.

The Time keeper also manages the extension of time due to injury. Instructions are provided at the timekeepers table

Team manager

The Team Manager is responsible for communication with coaches and players and assists the coach during training and game day matches. Team Managers will be required to complete and organize weekly score sheets and awards, distribute any information to players and a second contact person for players. Team Managers are required to hold a NSW working with children check.



NETBALL

NETBALL CONTACTS

NETBALL DIRECTOR

Casey Love
0400 192 878

A & B COACH

Jodie Lake
0411494623

C & C RES COACH

Maggie Hamill
0418 385 115

UNDER 17'S COACH

Alex Daly
0407 042 738

UNDER 15'S COACH

Jess Ibbeson
0421 007 929

UNDER 13'S COACH

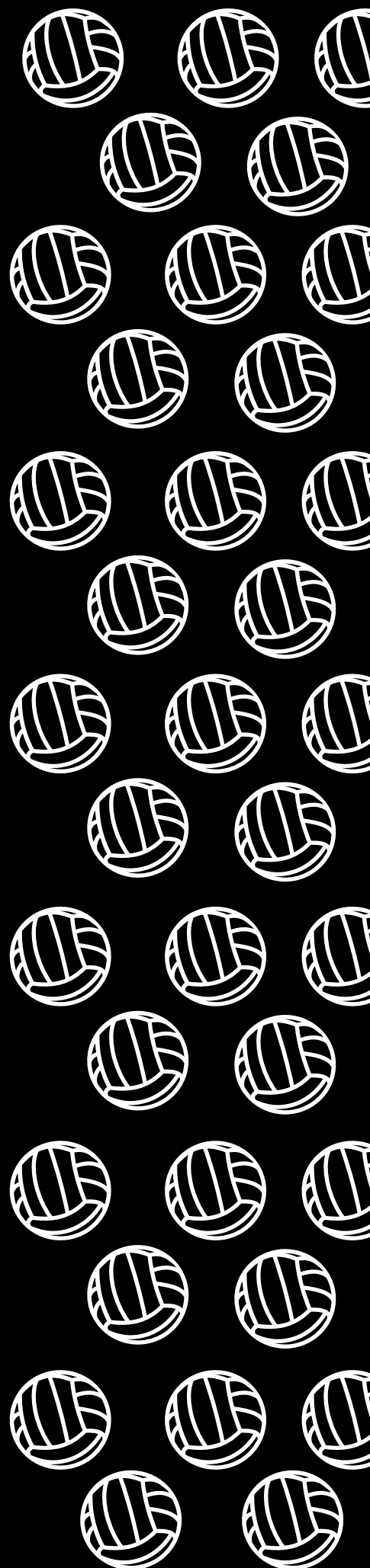
leShea Westwood
0400 665 099

UNDER 11'S & DEVELOPMENT COACH

Carrie Carter
0400 146 471

PLAYER WELFARE

Stacey Hope
0419 349 816



GAME DAY

GAME TIMES

Under 14 's Football	9:15 am
Under 11's Netball	9:45 am
Under 15's Netball	9:45 am
Under 17 's Football	10:45 am
Under 13's Netball	10:45 am
Under 17 's Netball	10:45 am
C Reserve's Netball	12.00 pm
B Grade Netball	12:00 pm
Reserves Football	12:20 pm
A Grade Netball	1.15 pm
C Grade Netball	1.15 pm
Seniors Football	2:10 pm

CANTEEN

The MFNC canteen will be serving up delicious food at drinks at each home game of the season and if we are lucky enough to host a final. This cannot happen without the coordination of our Canteen Manager, Mel Keogh and all of the members pulling together to staff the canteen as per the weekly roster.

The canteen stocks both hot and cold food and ice cold refreshing drinks, with both cash and Eftpos facilities available to keep you full and happy to cheer on the Mowers.

If you would like to get involved, call Mel Keogh on 0459 118 422

BAR

Our bar will open from 12 pm on game days, as well as Thursday nights from 5:30pm. Our Bar Manager and volunteers will keep the cold ones stocked ready for you with cash and Eftpos facilities available.

All volunteers must be over 18 and have a current RSA

GATE

Due to COVID restrictions, all players spectators and officials will have to check in electronically before entering the facilities.

COSTS:

Adults	\$12 (includes Footy Spectator Magazine)
Concession	TBC
Under 18	Free

AROUND THE CLUB

THURSDAY DINNERS

Each Thursday night from early Feb throughout the season the club hosts Thursday night dinners. This year we will be hosting an early and a late sitting to include our junior families. Dinners are open to anyone, players (juniors, senior, all leagues) families, supporters, sponsors and our community.

First sitting: 6pm

Second season: 7:30pm (Senior Teams will commence at 8pm)

Our dinners are \$10 per person and further details will be available on facebook/insta

SOCIAL CALENDAR

The Moama Football Netball Club holds a range of social functions during the year, to make these functions enjoyable and successful we invite you to attend. Information on all social events will be advertised on our socials (facebook & Insta), our website and in our Club Rooms.

If you would like to get involved in being part of our social Committee, give Tristan Nevin a call on (0447254012)

VOLUNTEER ROSTERS

During the season all players or thier parents are required to volunteer to ensure our club is able to provide great game day experiances for all. Each week a roster will be released with the following roles:

8 am	Sandwich making	Junior netballers parents
8.30-10 am	Canteen Duty	Reserves players
10 -12pm	Canteen Duty	Seniors players
12 -2pm	Canteen Duty	Under 14's football parents
2 - 4pm	Canteen Duty	Under 17's football parents
4 -5pm	Canteen & Clean Up	Senior netballers

This is compulsory duty. If you are unable to complete your rostered shift you are required to find your own replacement.

SPONSORS

Without our amazing sponsors, our club could not thrive as it has. Its important that as a club we all support our sponsors. We can get behind them by:

- Shopping local and mentioning your a member when you do
- Giving an online review
- Sharing posts about our sponsors
- Buying gift vouchers as gifts
- Saying thanks when you see them

SPONSORS

MAJOR SPONSOR



PLATINUM SPONSOR



JUMPER/DRESS SPONSOR



SOCIAL MEDIA

WHERE TO GET INFO

The MFNC provides a number different ways for you to keep up to date with your club. We strive to provide the information required to participate in all aspects of club life, celebrate the achievements and acknowledge our sponsors and volunteers who make our club great.

We suggest you like the relevant Facebook pages and consider turning on notifications for our main page to keep you up to date



[Moama Football Netball Club](#)

[Moama Junior Football Club](#)

[Moama FC Auskick](#)

[Moama Net Set Go](#)



[Moama Football Netball Club](#)

WEBSITE

Visit us at www.moamafootballnetballclub.com.au for updates, events, merchandise, this handbook and online memberships

PHOTOS

MFNC takes alot of photos and some of those photos may be used in promotional material such as on our socials, our website, emails or in print media. If there is a reason that your image cannot be used please contact our Communications Manager, Lauren Davy on 0466824593 and we can work with you around this issue.

MEDIA POLICY

To ensure we promote online safety with our members, the MFNC has developed a media policy which includes cyber-bullying information. The policy can be found here

POLICIES

As part of our risk management approach the MFNC has a number of policies which detail how the club will be managed. Please see the links below to all of these policies.

Issue Resolution Policy

Junior sport policy

Injuries and medical emergencies policy

Alcohol, smoking and illegal drugs use policy

Player welfare policy

Coaching accreditation policy

Inclement weather policy (Heat & lightning)

Member protection policy

Respect and responsibility policy

Smoke free policy

Team Selection Policy

BY LAWS AND CONSISTUTION

The MFNC has adopted the The NSW Fair trading Model Constitution. This means that the way certain parts of the club is managed is governed by this constitution. The model constitution has been developed by fair trading NSW and covers all matters outlined in Schedule 1 of the Act, as well as a number of additional matters. If in the future changes are made to the Act, the Model Constitution will update and the club will automatically change to be inline with requirements

You can find a copy [here](#)



CLUB SONG

**DOWN BY THE MURRAY NESTLED IN
AMONGST THE GUMS,
THERE IS A TOWN MOST BEAUTIFUL TO
SEE,
AND FROM THAT TOWN THERE COMES A
TEAM OF FOOTBALLERS/NETBALLERS
WHO PLAY THE GAME MAGNIFICENTLY.
UP THERE MOAMA
UP THERE MOAMA
UP THERE MOAMA
YOU'LL DO ME
AND WE'LL TEAR & WE'LL FIGHT
FOR THE GRAND OLD BLACK & WHITE
UP THERE MOAMA YOU'LL DO ME**